

Desert Beats Belly Dance 2020 Winter Registration

All classes held Dance Saskatchewan Inc. (309 Fairmont Drive)

First Name: _____ Last Name: _____

Email Address: _____ Phone: _____

Check the 2020 Winter classes you would like to register for:

Monday

- Intermediate to Advanced Belly Dance 7:00 – 8:15 pm
- Intermediate to Advanced ATS® 8:15 – 9:30 pm

Thursday

- Beginner Belly Dance 6:30 – 7:30 pm
- Conditioning Class 7:30 – 8:00 pm
- Fusion Belly Dance 8:00 – 9:15 pm

Cost: Conditioning Class \$75 for session
Beginner Belly Dance \$150 for session
Advanced Belly Dance/ATS®/Fusion \$175 each session

Discounts:

Discounts do not include the conditioning class. If taking another Thursday class, then conditioning class is \$50
Take any 2 adult classes - save \$50, any 3 classes – save \$75 Payment types: cash, e-transfer, or cheque (payable to Anastasia Vander Most, or Victoria Morris, or Desert Beats Belly Dance)

Health concerns: (please inform the instructor if something has occurred that will affect your practice. Circle below injuries that consistently cause you concern.)

Lt/Rt Knee, Lower Back, Lt/Rt Shoulder, Upper Back, Neck, Cannot go on toes, Not able to spin, Cannot go down on knees, Difficult to hold arms above my shoulders, Food allergies (snacks may be consumed between classes, therefore is necessary to know if you have food triggers) Other

(explain) _____

Do you exercise (please circle one): Regularly Occasionally Never
Dance experience (circle one): Beginner 1 to 2 years 3 years or over

Emergency Contact

Name/relationship: _____

Emergency Contact Number: _____

I hereby release and hold harmless Anastasia Vander Most, Victoria Morris, Desert Beats, DSI, any other teacher and fellow participants from any liability with respect to injury to me or my property arising out of or connected with my participation in dance classes taught by Desert Beats Belly Dance, at DSI. I understand that I will be engaging in physical activity which could, if not undertaken in a reasonable and responsible manner relative to my physical conditioning, result in personal injury.

Participant Signature: _____

Date: _____

Payment Amount: _____ Payment Method: _____