

Desert Beats Belly Dance 2023 Winter registration

All classes held at Vibe YXE- 110 Wellman Cres, Stonebridge

First Name _____ Last Name _____

Email _____ Phone _____

Check the 2023 Winter classes that you would like to register for:

Monday:

- Beginner Belly Dance 7:15-8:15 pm
- Oriental Belly Dance (intermediate/ advanced) 8:15-9:30 pm

Thursday:

- Fusion Belly Dance (intermediate/advanced) 7:00-8:15 pm

Cost:

Beginner Belly Dance \$150

Oriental/ Fusion Belly Dance \$175 each. Or \$300 for both.

Payment: Please e-transfer Melanie Sydiaha melaniesydiaha@gmail.com. Please contact us if you need another payment option.

Health Concerns: (Please inform your instructor if something has occurred that will affect your practice.)

Circle below injuries that consistently cause you concern:

Lt/Rt Ankle/Foot, Lt/Rt Knee, Lt/Rt Hip, Lower Back, Upper Back, Lt/Rt Shoulder, Neck, Cannot go on toes, Not able to spin, Cannot go down on knees, Difficult to hold arms above shoulders, Food allergies (snacks may be consumed between classes, therefore it is necessary to know if you have food triggers), Other

Explain _____

Emergency Contact:

Name _____ Relationship _____

Emergency contact number _____

I hereby release and hold harmless Quinn Trenouth, Melanie Sydiaha, Jodie Lonsberry, Desert Beats Belly Dance, VIBE YXE, any other teacher and fellow participants from any liability with respect to injury to me or my property arising out of or connected with my participation in dance classes taught by Desert Beats Belly Dance, at VIBE YXE. I understand that I will be engaging in physical activity which could, if not undertaken in a responsible manner relative to my physical conditioning, result in personal injury.

Participant Signature: _____

Date: _____

Payment Amount: _____ Payment Method: _____